

# Paincare Physio & Foot Clinic

## Physiotherapy 物理治疗

- **Assessment & Treatment (45 min)** \$ 120
- **Follow-up Treatment 30 min** \$ 70
- **Follow-up Treatment 45 min** \$ 95
- **Follow-up Treatment 60 min** \$ 115
- **Shockwave Therapy 体外冲击波** \$ 95
- **Spinal Decompression Therapy 牵引治疗** \$ 95

## Chiropody (Foot Care) 足科治疗

- **Assessment & Treatment** \$ 100
- **Follow-up Treatment** \$ 70
- **Shockwave Therapy 体外冲击波** \$ 95
- **Laser Surgery – Toenail Fungus\*** \$ 150 - \$ 300
- **Laser Surgery – Plantar Warts\*** \$ 150 - \$ 300
- **Nail Surgery – Partial Nail Avulsion\*** \$ 400 - \$ 500
- **Nail Surgery – Total Nail Avulsion\*** \$ 500

## Orthotics / Orthopedic Shoes 矫正鞋垫/鞋

- **Custom Made Foot Orthotics** \$ 500
- **Orthopedic Shoes (Off-the-shelf)** \$ 250 - \$ 400
- **Orthopedic Shoes (Custom Made)** \$ 1800+

## Acupuncture 针灸治疗

- **Assessment & Treatment (60 min)** \$ 120
- **Follow-up Treatment 30 min** \$ 70
- **Follow-up Treatment 45 min** \$ 95
- **Follow-up Treatment 60 min** \$ 115

## Massage Therapy (RMT) 按摩治疗

- **Massage Therapy 30 min** \$ 61.95 + HST = \$ 70
- **Massage Therapy 45 min** \$ 84.07 + HST = \$ 95
- **Massage Therapy 60 min** \$ 101.77 + HST = \$ 115
- **Massage Therapy 75 min** \$ 119.47 + HST = \$ 135
- **Massage Therapy 90 min** \$ 141.59 + HST = \$ 160
- **Chair Massage 15 min** \$ 35.40 + HST = \$ 40

## Medical Compression Stocking (20-30mmHg+) 压力袜

- **Knee High** \$ 130
- **Thigh High** \$ 180
- **Pantyhose** \$ 200

# Fee Schedule

## Laser Surgery for Toenail Fungus

▪ One toe	\$ 150
▪ Two toes	\$ 200
▪ Three toes	\$ 250
▪ Four+ toes	\$ 300
Number of treatments	3 - 5 sessions
Interval between treatments	4 - 6 weeks

Number of treatments depends on severity of the infection.

A minimum of 3 treatments are required. \$50 discount starting from session 4.

Due to slow nail growth, results may not be noticeable for 3 or more months.

## Laser Surgery for Wart

▪ One wart area	\$ 150
▪ Two+ wart areas	\$ 300
▪ Use of local anesthetics	+ \$ 60
Number of treatments	1 - 3 sessions
Interval between treatments (fee includes one follow-up visit)	4 - 6 weeks

## Surgery for Ingrown Toenail

▪ Partial Nail Avulsion – one side	\$ 400
▪ Partial Nail Avulsion – both sides	\$ 500
▪ Total Nail Avulsion (fee includes one follow-up visit)	\$ 500

## Shockwave Therapy

▪ Shockwave Therapy	\$ 95
Number of treatments	4 - 8 sessions
Interval between treatments	1 week